

October
2009

League Meeting

Tuesday, November 3
at 7 p.m at the hall.

Pocket Park Clean-up
Saturday, October 24th
10 a.m. to noon
112 St. and University Ave.

McKernan Community League
Casino

October 30 and 31
Casino Edmonton
(7055 Argyll Road)

Volunteers still needed,
especially count room and
chip runners; call Hilary Gray
at 434-0480.

Funds go to a bigger and better hall.

What's cooking?

Kids 6-12 years can learn
how to prepare simple,
yet tasty snacks with

Incredible Edibles

Our chefs will learn about
kitchen safety, cleanliness
and how to select healthy
foods while making their
favourite treats.

Sun. Nov. 29, 2 to 4 p.m.
McKernan Hall

Cost: \$12

Call 311 to register or
ereg.edmonton.ca
Course code: 343270



THE McKernan Messenger

Since 1954 A publication of the McKernan Community League Circulation 1100

Answering your questions about Fresh Start

Renovations are well underway to turn the old market site on 76 Avenue into the new location of Edmonton Catholic Schools' Fresh Start Outreach High School. Program principal Sue Chevalier and three teachers met with league members October 6 to introduce the program and answer questions from the community. Some of the main points made by Chevalier and the teachers are outlined below.

What is the Fresh Start program?

Fresh Start is a program run by Edmonton Catholic Schools to serve students who fall through the cracks of the regular high school system. Fresh Start offers these students small learning communities where they get individual attention and can work at their own pace to complete their course work. Edmonton Public Schools has a similar program.

Are these delinquents?

Fresh Start students are not delinquents and have not been "kicked out" of regular programs. This is not a program for alcohol or drug abusers.

These students are at risk of not completing their high school education because the regular system is a poor "fit" for them. It might be that students are shy, new to the country, uncomfortable with the social pressures of high school, working to support their families, or wanting to work at a faster pace.

Students are often older (17 to 19 years), and many

are or have been working. Students are screened before they join to make sure the program is a good fit for them. They are motivated to finish because they realize the importance of a diploma.

How is the program run at the site?

Students study independently, but can come to the site to work on projects or consult with their teachers or advisors. The site will be used during regular school hours but not in the evenings, weekends or summertime (summer school may be considered in the future). Usually 20 to 40 students will visit the building over the course of a day.

Will students be wandering the community during their breaks?

Students do not have "spares." They are expected to come to the site only for school, and to do school work when they're there. Breaks are taken in designated areas and are supervised by staff, and students are expected to clean up after themselves.

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No rink this year?

It could happen, if enough volunteers do not step forward. McKernan's skating rink is maintained by volunteers and used regularly by community members especially young shiny players.

We are looking for 4 or 5 hearty types to commit to regular maintenance of the ice and property. FREE ice making training is included, plus supervision by our experienced ice maker Peter Gray.

Without enough volunteers, we will NOT have a rink this year.

Work on the rink has to start as soon as the ground freezes, which will likely be in the next month. If you are interested in having a rink facility and can commit to a few hours a week, please contact Peter at 434 0480.

Fresh Start *continued from p. 1*

Is this a new program?

Fresh Start has seven locations in Edmonton. The McKernan site will replace the old southside location at 84 Ave. and 105 St. It was chosen because of its transit connections, size and open layout. The kitchen facilities will also be incorporated into a teaching kitchen for students.

Will parking and traffic be a problem?

Because there are no scheduled classes, students will not generally be travelling en masse at specific times. Most students use public transit, get rides, walk or cycle. Traffic and parking problems will be monitored.

How can the program become a positive part of the community?

Staff and students will be looking for ways of getting involved with the community. For example, a program to have students shovel snow for seniors and others might be put into place, as is done in other parts of the city.

The league executive will be working closely with Fresh Start staff to help the program succeed and to integrate it into our community. The site is scheduled to open in the new year.

Residents with questions or concerns may contact the league executive (see page 3) or ECSD's Alternative and Adult Education Services at (780) 944-2000. Information about Fresh Start is available online at aaes.ecsd.net/outreach.htm.

Development Applications (September 1 to October 6)

This month's list covers permits that have been applied for in McKernan last month. Complete information, including permit number and the name of the applicant, is available at the City of Edmonton mapping website maps.edmonton.ca > Development Applications. For further information, or if you are concerned about a development, contact Hilary Gray, 434-0480; housing@mckernancommunity.org.

Address	Permit(s) for:
11163 - 73 Ave.	Home occupation development permit providing graphic design and web design for individuals and small businesses.
10915 - 74 Ave.	To demolish a single detached house. To construct a semi-detached house with front covered landings, rear covered landings with exterior below grade stairwells to basement and basement developments. To construct an accessory building (detached garage 20' x 28').
7611 - 110 St.	To operate a minor home based business (wedding planner).
7723 - 111 St.	To install a hot tub.
11126 - 77 Ave.	To demolish a single detached house and a detached garage).
11219 - 77 Ave.	To construct a Semi-Detached House with fireplace, front covered veranda and rear uncovered deck.
11138 - 78 Ave.	To construct an Accessory Building (Detached Garage 7.32m x 7.93m).
11259 - 78 Ave.	To construct a Semi-Detached House with attached garages, front veranda and fireplace.

The development committee is keeping its eyes on the application for 11259-78 Ave. a.k.a the hole in the ground (see last month's Messenger for details). The newest application is for a semi-detached house with attached garages. This again requires variances from the city plus community consultation. So far the league has not been approached by the developer for this newest attempt at building, even though we were assured that we would be informed of the new plans.

The committee is also investigating applications for a semi-detached at 10915-74 Ave. Although the zoning allows for a semi-detached house on this site, the application notes "exterior below grade stairwells to basement and basement developments." Since basement suites are not allowed in semi-detached houses, the committee is seeking clarification.

Community Contacts

PRESIDENT	Wayne Rogers	780-916-6275 president@mckernancommunity.org
PAST PRESIDENT	Ann-Marie Thivierge	780-433-4277
VICE-PRESIDENT	-- needed --	
SECRETARY	Rashmi Mandhane	780-430-7970 secretary@mckernancommunity.org
TREASURER	Wiggert Hessels	780-432-6379
TRANSPORTATION	Frank Weichman	780-435-7811
HOUSING ISSUES	Hilary Gray	780-434-0480 housing@mckernancommunity.org
FACILITIES MAINTENANCE	Neil Armstrong	780-427-0002
EFCL & CAC REPRESENTATIVE	Wayne Rogers	780-916-6275
BASKETBALL	-- needed --	
SOCCER - Adult	Kelvin Jones	kelvinejones@mac.com
SOCCER - Youth	Linda Cameron	llcameron2002@yahoo.com
CRICKET	C. Marathalingam	780-438-0460 www.ascacricket.com
NEIGHBOURHOOD WATCH	Edda Loomes	780-436-0209
HISTORIAN	Ed Stover	780-436-4089
HALL RENTAL	Ray Pallard	hallrental@mckernancommunity.org
POCKET PARK	Rob Wilson	780-988-0612
U of A LIAISON	Bente Roed	780-436-9398
City of Edmonton:		
COMMUNITY SERVICES	Kate Russell	780-496-5915
CITY COUNCILLORS	Bryan Anderson	780-496-8130
	Don Iveson	780-496-8132

League Memberships

Memberships in your community league support programs, socials, hall activities, newsletters, and more; PLUS the League is looking out for your interests in housing, transportation, services and more. Memberships are \$30 for family or organizations, \$20 for single parent families. Single memberships with skating are \$15, seniors and students only \$5. A bargain! See the membership form at www.mckernancommunity.org, or purchase at the Maurice Pharmacy on 76 Avenue.

MEMBERSHIPS -- needed --

McKernan Messenger

The McKernan Messenger is published ten times per year. Deadlines are: 1st of the month for advertising, 7th of the month for content and letters.

NEWSLETTER CONTENT	Roberta Franchuk	780-431-4924 newsletter@mckernancommunity.org
DISTRIBUTION	John and Molly Crabb	780-435-2597

www.mckernancommunity.org

WEBSITE MANAGER	Camille Cunningham	780-428-4323 webmaster@mckernancommunity.org
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McKernan Community Hall

Our community hall at 11341-78 Avenue is available for rental hourly or daily. Discounts are available for community league members. See info at www.mckernancommunity.org.

HALL RENTAL	Ray Pallard	hallrental@mckernancommunity.org
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A message from the Past President

It is a pleasure to have served as President last term. I would like to take this opportunity to acknowledge the support given by colleagues and volunteers within the community. Without all of the volunteers we would not be able to accomplish some of the challenges. We are part of a great and proud team that has seen its role evolve.

I would like to welcome all the new comers to the Community. Please give them a warm welcome and help them feel at home. My view is always to make sure that there is a human element representing the McKernan Community League. We have such a diversified community and it sometimes necessary to be able to reach out, and help others. Cultural diversity and human rights are keys to strong and healthy communities. A building cannot stand alone!

It is important to recognize volunteers who are making a difference in helping build respectful and inclusive communities. Thanks to the Councillors Bryan Anderson and Don Iveson who have been tremendous participants in the community events and also listening to the concerns. Thanks also to Kevin Taft of Edmonton Riverview who always showed support at the community events and listened with interest.

The Firefighters (Station 3 on 76 Avenue), Edmonton Police officers (Old Strathcona Community Station and Emergency Response including STARS all serve and represent a beacon of safety, security and hope for all those in the community. We must include the troops here and abroad who are in arms way. Let us remember all those that serve the community and country with pride. It is important to take the time to recognize their commitments and reflect on those who choose to put the lives of others before their own.

We also thanked the firefights, police officers, emergency response and STARS who came out to the McKernan Community Barbecue on September 19th. Thanks to all of the businesses who contributed towards its success. We hope that next year will be even bigger and better.

Thanks to our Community Recreation Coordinator, Kate Russell. She has been inspiring and always there to answer any questions we may have.

Our community will be losing the TD Canada Trust branch on November 20. They have served the community for a long time and will be missed. We hope to plan a small gathering for them at the Branch.

Most of you may have already been aware that we have a new service within our community called the Fresh Start Outreach High School. We had the privilege of meeting with the group at our meeting in October and learning more about their services within the community.

As you all may already been aware of, the McKernan Community is continuing to fundraise to upgrade our facility. The hall renovation are very important as we have had many requests from various organizations and individuals requesting rental of the facility. Therefore, it is essential that we fundraise to make the facility better in order to serve the community.

On behalf of the Community League, thank you all for your continued support and look forward in serving you in my continued capacity as an Executive Member and Social Convenor. Thanks for your continue support in making McKernan Community the best that it can be. Remember, please join our community and help make a difference.

Ann Marie Thivierge

Events in the Community

Financial Information Fair, Wed. Nov. 4, 2 to 6 p.m., Duggan Community League 3728 106 St. shows you ways to save your money including what to look for in a cell phone plan, getting the best deals on groceries, free recreation opportunities and much more. Free admission and barbeque.

Jeff Allen Gallery: Strathcona Place Senior Centre 10831 University Ave. Mon. to Fri. 11:30 a.m. to 1 p.m. and 3 to 4 p.m. Terrie Shaw has put together an extraordinary exhibit of mixed media with a huge emphasis on collage in *Sign of The Times*. Terrie's portraits, still lifes, street scenes, and landscapes are all reminders of our world today, good and bad, happy and sad. Runs Nov. 3 to 276 Exhibit reception Nov. 4, 6:30 to 8:30 p.m.

Community briefs



Reaching out to seniors

Southwest Seniors Outreach Society meets Tuesdays to Thursdays at 10832 62 Ave. Clogging, community dance, choir and cards/shuffleboard, bus trips — plus luncheon and entertainment every Thursday. Call 780 435 9515 for more information.

Score indoors with field hockey

Indoor Field Hockey for kids 5 to 12 years runs a winter program at the U of A Education Gym and at the Jewish Community Centre, 7200 156 St. For a taste of the game, come to Try it Free Day Saturday, Nov. 14 at the Jewish Community Centre. More at www.fieldhockey.ab.ca.

McKernan Christian Church

A caring church that is "Reaching Out" to Serve Those in Need

11304-78 Ave NW
Edmonton AB T6G 0M9
780-436-4089

pastor@mckernanchurch.ca
www.mckernanchurch.ca



Come and share the experience!

Belgravia Green Homes

We have lived in the neighborhood of Belgravia for many years and love it for its sense of community and easy access to the river valley and parks, the university, health care facilities, Whyte Avenue and downtown.

We have acquired three adjacent 44 X 130 foot lots and plan to build our 'house-for-life' on one of them: a house that is 'green' (net-zero ready), accessible for all abilities and one that is both attractive and fits well into the community.

We hope to find two partners/families to purchase the remaining lots and build their own new home along with us at the same time (desired start date is May 1, 2010) with all of us using the same builder. We have chosen Habitat Studios because of their focus and experience in designing environmentally sustainable homes. With lower building costs and mortgage rates, it's a great time for this project.

Are you interested in this opportunity to build a green home in Belgravia? We would love to hear from you. Email Kevin and Jeanette at belgraviagreen@shaw.ca

BBQ brings out the community

The 5th annual McKernan Community BBQ, held at McKernan Park on September 19, brought community members together to enjoy some treats from the grill, play a few games, meet local and federal politicians, and watch the tug of war between the Police Services and the Firefighters.

Thanks to our sponsors:

Alligator Pie
ATCO
Belgravia Books & Treasures
Bunches at Parkallen Place
Canadian Broadcasting Corporation
Capital Packers
City of Edmonton

Coles Book Store
Fiores Cantina Italiana
Garneau Safeway
Lords Shoes Store
Running Room 109 St.
Shoppers Drug Mart
Talbots
TD Canada Trust 76 Ave.
The Artworks



October League digest

Hall development

The architects are working away on plans and hope to present them to the hall development committee at the end of October. A community open house will be held, most likely some time in November, to unveil the plans. Casino volunteers are still needed for Oct. 30 and 31 to help with the critical fund raising for this project. Contact Hilary at 434 0480 if you can spare time for a shift.

Playground /Splash Park upgrades

Rashmi Mandhane's Splash Park committee has completed its survey of park users to get ideas of what is wanted for the splash park renovation. A variety of exciting designs was recommended by those surveyed. The committee will now be working on the critical area of funding. There is also an opportunity to draw up plans for a complete overhaul of McKernan Park, with work to be done in stages in the future. Already on the wish list: portapotties! Contact Rashmi if you have comments about the park redevelopment in general or the splash park in particular.

Neighborhood services

McKernan Child Development Centre is looking for a paid aide for a 2-year-old girl. Flexible hours. Kristy, 780-414-0421, kristy@mckernanbaptist.ca.

Kids want playmates? Looking for motherly caregiver for my 2½yo & 11mo, 5-6 daytime hrs a week. Swapping considered. Call Suzanne 437-9641.

Need an electrician? Call Rob - Master Electrician at 780-433-3837. For all your electrical needs

Melanie 780-465-3538 will clean small offices/houses. Basic cleaning, reno clean up, move in/out, blinds, walls. Bonded, insured, licenced, police cleared.

Advertise your neighborhood services for free! Maximum 140 characters. Send to newsletter@mckernancommunity.org or drop in the mailbox at McKernan Hall (11341-78 Ave.) Space is limited and ads are accepted at the discretion of the editor.

Fix your spelling, grammar and punctuation

Get expert copy editing of reports, websites, manuals, newsletters or books from a pro — a former magazine and newspaper editor.

\$50/hour

780-436-1163

Need To Care for Yourself?

We offer therapy for individuals, couples, and families. Therapy is an active process, like a journey of self exploration. There are many reasons people try therapy: stress management, help for anxiety attacks and depression, addictions, personal and spiritual growth.

In addition Mady offers therapy using art. The art process helps you to find safe ways to gain insight into anxiety-provoking material, look at the issues from a new perspective and to find creative solutions to problems.

Mady Mooney (780) 242-6065

Jackson Mooney (780) 242-6064

Confidential Voicemail Flexible Rates and Times Enquiries Welcome

Ladies, are you in need of relaxation?

Give yourself a well deserved hour of nurturing and relaxation.

Mady Mooney is a Registered Massage Therapist and practices in the Belgravia area.

Massage Therapy, Cranio-Sacral Therapy, Foot Reflexology and Reiki are offered. Call Mady at 780-242-6065 or e-mail madymooney@shaw.ca for your next appointment.